

Infinity Self-Development Library

Course List – Develop Your Talents

Creativity

- Creativity in Business
- Advanced Brainstorming
- · Encouraging Creativity at Work
- Gain a Different Perspective The Six Thinking Hats
- · Mind Mapping Boosting Creativity
- SCAMPER to Creativity
- Think Differently The Reframing Matrix

Maths Skills

- · Maths Foundations Using Estimates
- Maths Foundations Using Numbers
- Maths Foundations Working with Percentages
- Recognising Data Types
- Summarising Data
- · Understanding Data
- Using Sampling for Data Analysis

Mind and Memory

- Mind and Memory
- 3 Techniques to Improve Your Memory
- · How to Remember People's Names
- Mind Mapping Boosting Creativity
- Sharpen Your Concentration Skills
- What Sort of Intelligence Do You Have?

Problem Solving & Decisions

- Decision Making and Problem Solving
- Advanced Brainstorming
- · Got a Smelly Problem? The Fishbone Diagram
- · Introduction to Problem Solving
- Make Great Decisions The Vroom-Yetton-Jago Decision Model
- Solving Problems
- The OODA Loop Winning and Losing
- Using BRAIN to Make Effective Decisions



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Reading Skills

- How to Read Faster
- Sharpen Your Concentration Skills

Time Management

- Managing Time and Priorities Certificate
- Achieve More with Less the 80/20 Rule
- Doing The Right Thing Planning and Prioritising
- · Eliminate Wasted Work Process Mapping
- Have You Got a Minute? Managing Interruptions
- How Do You Eat an Elephant?
- How to Say No!
- Make the Most of Your Time
- Making the Most of Your Time
- Managing Other People's Diaries
- Managing Your Emails Effectively
- Planning for the Perfect Christmas
- Prioritise with the Urgent/Important matrix
- Quick Wins The Key to Success
- Staying Productive Working From Home
- Stop Procrastinating!
- The Pomodoro Technique